

# Carmelita Oosthuizen

## Curriculum Vitae - 16 December 2025



### Foundation Phase Teacher

Foundation Phase Education graduate from Stellenbosch University with practicum experience in Quintile 1–3 and private schools. Proficient in Afrikaans and English, with academic training in isiXhosa Communication and a focus on multilingual, culturally responsive pedagogy.

Academic interests include early literacy development, particularly strategies that foster sustained reading engagement, and mathematics pedagogy that strengthens conceptual understanding and learner agency.

Teaching is informed by a calm, consistent, and relational orientation that creates inclusive classroom environments, encouraging curiosity, confidence, and sustained participation. Committed to evidence-based practice and reflective pedagogy that bridges theory and practice in the Foundation Phase.

### Interests

- Cooking and hosting
- Gardening and exploring nature as a platform for inquiry-based learning
- Poetry, storytelling, and reflective writing
- Reading

### Contact



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### Education

- Stellenbosch University ( 2015 - 2018)  
Certificate in Music
- Stellenbosch University (2019)  
Higher Certificate in Music
- Stellenbosch University ( 2022 - 2025)  
Bachelor of Education Foundation Phase

### Volunteering

- 2018: Rietenbosch Primary, Cloetesville, Stellenbosch (Guitar lessons)
- 2021: Salesian Institute, Greenpoint, Cape Town (Music coaching)
- 2021 - current: Stellenbosch Catholic Church (Music ministry)
- 2023: Stellenbosch University (Mentoring first years)

## Skills

Literacy Instruction: ·Skilled in Shared & Guided Reading, phonics, and phonological awareness.

Student Engagement: ·Scaffolded support for differentiated small-group work in diverse classrooms.

Proficient in Microsoft Office (Word, Excel, PowerPoint)

Proficient in social networking (Facebook, Instagram and WhatsApp)

Client management

Payroll consulting

Own company management and operations

## Certifications

- Sex offender workshop – Stellenbosch 2024
- Lead with disability – Stellenbosch 2023
- IsiXhosa Communication – Stellenbosch 2024

## References

- Ms Felicia Lesch – Stellenbosch  
University Lecturer: Community Music  
021 8082349  
fsmlesch@sun.ac.za
- Helen Brown – Payroll company owner  
0832293686  
helenh77@gmail.com

## Teaching Experience

### ○ Rhenish Primary School (Grade 3)

*8 - week practicum*

*Jul – Sep 2025*

Lesson planning and execution. Assisted the students who needed extra help completing work.

Accompanied learners to robotics, library and PE classes and observed these lessons. Assisted with library and ORFF extra mural activities.

### ○ St Vincent's Primary School (Grade 2)

*Service learning project*

*Mar – May 2025*

Taught English, Afrikaans, and Mathematics to lower ability group of learners. Adapted lessons for multilingual learners in an under-resourced school.

### ○ A.F. Louw Primary School – (Grade 2)

*8 - week practicum*

*Jul – Sep 2024*

Lesson planning and execution. Assisting the students who needed extra help completing work.

Accompanying learners to library and PE classes and assisting in these lessons. Assisted in netball as extra mural activity.

### ○ A.F. Louw Primary School – (Grade 2)

*2 - week observation*

*Jan – Feb 2024*

Actively participated in the day-to-day teaching process, which included presenting lessons, marking learners' books, and assessing reading proficiency using EGRA.

### ○ Holy Cross Sister's Primary School Bellville – (Grade R)

*8 - week practicum*

*July – Sep 2023*

Taught English, Life Skills and Mathematics. Assisted in the extra-curricular programs of music and art.

### ○ Pniel Primary School – (Grade R)

*8 - week project*

*Mar – May 2023*

Designed and delivered literacy sessions for the Practical Learning module in an Afrikaans-medium class.

### ○ Academy Private School – (Grade R)

*2 - week observation*

*Jan – Feb 2023*

Observed a high-functioning English-medium classroom in a well-resourced school. Assisted the mentor teacher in preparing lesson resources. Accompanied and assisted learners in robotics.